

We are a service that supports children and young people (CYP) who have a parent in prison. We also support CYP before a parent has gone to prison if it is likely the parent will go into custody and we also support CYP after a parent has been released.

CYP are supported in **Peer Support Groups** which normally take place in the community, evenings, weekends and school holidays, or when necessary for safety and practical reasons these take place on line through Zoom. Sometimes the groups are to enable CYP to discuss their feelings and consider coping strategies. Sometimes the groups are just for fun. Often there is an element of both in our groups. We believe our groups help build resilience in CYP.

CYP are sometimes able to access **1:1 Mentoring** which is delivered by trained students or volunteers. 1:1 sessions most commonly take place in school but may take place online. This service depends of mentor availability. All staff, students and volunteers will have an enhanced DBS check.

Children's Code of Conduct

We welcome new members to our group with kindness and respect.



We know that it can be very hard to have a mum or dad in prison so we work hard to make everyone feel as comfortable as possible in our groups.



We know that everyone's experience of having a parent in prison are unique and may be different to ours. We do not judge one another.



We never ask another child what crime their parent committed.



We never speak unkindly about another group member, or talk behind anyone's back.



We do not use bad language or act aggressively. We use our manners and try our best to be helpful.



We try to join in group activities as best we can. When we do not want to participate we are respectful to those that do and offer them our support and encouragement.



We know that our group is a safe space for everyone to talk about difficult experiences and feelings. We do not share these conversations with other children outside of our group. We do not gossip.



